

September 2018

- 10 – Introduction: The Need for Biblical Counseling
- 17 – Definition and Goal of Biblical Counseling: Qualifications of a Biblical Counselor
- 24 – Secular Counseling Theories

October 2018

- 1 – **NO CLASS** (ACBC Conference)
- 8 – Understanding Progressive Sanctification (Part 1): Diagram: The Scope of Salvation
- 15 – Understanding Progressive Sanctification (Part 2)
- 22 – Concerned Involvement; Gathering Data
- 29 – Discerning the Problem; Diagram: Three Dimensions of Problems

November 2018

- 5 – Providing Biblical Instruction: Generating Hope (Election Day)
- 12 – Assigning Homework; Terminating Counseling Case

No formal classes the remaining of the year, but on your own, listen to two audio teachings on Medical Issues in Biblical Counseling (one hour each). *Counseling People with Physical Illness*, and *Counseling People on Psychological Drugs*, by Charles Hodges, M.D.

January 2019

- 7 – God’s Blueprint for Marriage
- 14 – God’s Role for Wives; God’s Role for Husbands
- 21 – Getting to the Heart of Relational Conflict; Four Rules for Communication
- 28 – Diagram: ‘Y’ Chart at beginning of class after discussing Ken Sande article; Sexual Relations in Marriage

February 2019

- 4 – Case Studies: “All Things New?” and “Lists!”; Parenting (Part 1)
- 11 – Parenting (Part 2)
- 18 – Guilt and Its Solution
- 25 – **NO CLASS**

March 2019

- 4 – Forgiveness: What it is... What it is not. Peacemaking and Reconciliation Summary
- 11 – Worry; Diagram: Understanding Our Emotions
- 18 – Trails and Suffering; Case Study – Numbers 11:1-23
- 25 – **NO CLASS**

April 2019

- 1 – Depression; Diagram: Downward Spiral of Depression
- 8 – Anger; Counseling Observation Video – Randy Patten
- 15 – Role Play: Karen Concerned; Role Play: Harry and Viola Humble
- 22 – **NO CLASS**
- 29 – Sexual Sin and Sexual Purity; Case Study: “Pastor, Everything’s Going Great!”

May 2019

- 6 – Extensive Case Study: Edna Blue; Info on completing ACBC Certification
- 13 – **Open date for severe weather cancellation**
- 20 – **Open date for severe weather cancellation**